

Every year group focuses on the same piece each half term. On the first day of every half term, there is a launch assembly which is delivered to the whole school.

Year Group	Term 1 – Being me in my world	Term 2-Celebrating Difference	Term 3-Dreams and Goals	Term 4- Healthy me	Term 5-Relationships	Term 6 – Changing me
<b>EYFS / KS1</b>						
<b>Foundati on Stage</b>	<ul style="list-style-type: none"> <li>Self-identity</li> <li>Being in a classroom</li> <li>Rights and responsibilities</li> <li>Understanding feelings</li> </ul>	<ul style="list-style-type: none"> <li>Identifying talents and being special</li> <li>Families and where we live</li> <li>Making friends</li> <li>Standing up for yourself</li> </ul>	<ul style="list-style-type: none"> <li>Challenges, goal setting and achieving goals</li> <li>Perseverance and overcoming obstacles</li> <li>Seeking help</li> <li>Different jobs</li> </ul>	<ul style="list-style-type: none"> <li>Exercising and physical activities</li> <li>Healthy food</li> <li>Sleep</li> <li>Keeping clean</li> <li>Being safe</li> </ul>	<ul style="list-style-type: none"> <li>Family life and relationships</li> <li>Breaking friendships and falling out</li> <li>Dealing with bullying</li> <li>Being a good friend</li> </ul>	<ul style="list-style-type: none"> <li>Respecting myself</li> <li>Growing up and change</li> <li>Fun, fears and celebrations</li> </ul>
<b>Y1</b>	<ul style="list-style-type: none"> <li>Feeling special and safe</li> <li>Being part of a class</li> <li>Rights and responsibilities</li> <li>Rewards, consequences and feeling proud.</li> </ul>	<ul style="list-style-type: none"> <li>Celebrating differences</li> <li>How to deal with bullying</li> <li>Making new friends</li> </ul>	<ul style="list-style-type: none"> <li>Setting goals and facing new challenges</li> <li>Identifying success and achievements</li> <li>Working well and celebrating with a partner</li> </ul>	<ul style="list-style-type: none"> <li>Making good choices to keep myself healthy</li> <li>Keeping clean</li> <li>Being safe with household items</li> <li>Road safety</li> <li>Health and happiness</li> </ul>	<ul style="list-style-type: none"> <li>Belonging to a family</li> <li>Being a good friend to myself and others</li> <li>Physical contact</li> <li>People who help us</li> <li>Self-acknowledgement</li> <li>Celebrating relationships</li> </ul>	<ul style="list-style-type: none"> <li>Animal and human lifecycles</li> <li>How I've changed since being a baby</li> <li>Differences between males and females (correct terminology)</li> <li>Growing and learning</li> <li>Coping with change and transition to the year ahead</li> </ul>
<b>Y2</b>	<ul style="list-style-type: none"> <li>Hopes and fears for the year</li> <li>Rights, responsibilities, and choices</li> <li>Safe and fair learning environments</li> <li>Recognising feelings</li> </ul>	<ul style="list-style-type: none"> <li>Stereotypes about gender and gender diversity</li> <li>Bullying</li> <li>Making new friends</li> <li>Standing up for yourself and others</li> <li>Celebrating that we are different but can remain as friends</li> </ul>	<ul style="list-style-type: none"> <li>Achieving realistic goals</li> <li>Perseverance</li> <li>Learning with others and group work</li> <li>Learning strengths</li> <li>Contributing to and sharing success.</li> </ul>	<ul style="list-style-type: none"> <li>Motivation</li> <li>Healthy choice</li> <li>Relaxation</li> <li>Healthy eating, nutrition, snacks and sharing food</li> </ul>	<ul style="list-style-type: none"> <li>Family units</li> <li>Contact boundaries</li> <li>Friendship and conflict</li> <li>Secrets</li> <li>Trust and appreciation</li> <li>Appreciation for relationships</li> </ul>	<ul style="list-style-type: none"> <li>Life cycles in nature</li> <li>Growing from young to old</li> <li>Differences between males and females (correct terminology)</li> <li>Assertiveness</li> <li>Preparing for the year ahead and independence</li> </ul>

KS2						
<b>Y3</b> <ul style="list-style-type: none"> <li>Setting goals</li> <li>Self-identity and worth</li> <li>Rules, rights, responsibilities, and choices</li> <li>Seeing things from different perspectives</li> </ul>	<ul style="list-style-type: none"> <li>Families, their differences, and conflict</li> <li>How to solve bullying</li> <li>Understanding words can be hurtful</li> <li>Giving or receiving compliments</li> </ul>	<ul style="list-style-type: none"> <li>New and difficult challenges</li> <li>Dreams and ambitions</li> <li>Motivation and enthusiasm</li> <li>Managing feelings</li> <li>Simple budgeting</li> </ul>	<ul style="list-style-type: none"> <li>Exercise and physical challenges</li> <li>Food labels and healthy swaps</li> <li>Attitudes towards drugs</li> <li>Healthy and safe choices (online and offline)</li> <li>Respecting myself and others</li> </ul>	<ul style="list-style-type: none"> <li>Family roles</li> <li>Friendships and negotiation</li> <li>Keeping safe online</li> <li>Being a global citizen</li> <li>How my choices affect others</li> <li>How children have different lives</li> <li>Appreciation for family and friends</li> </ul>	<ul style="list-style-type: none"> <li>How babies grow and understanding their needs</li> <li>Outside and inside body changes</li> <li>Family stereotypes</li> <li>Challenging my ideas</li> <li>Preparing for the year ahead</li> </ul>	
<b>Y4</b> <ul style="list-style-type: none"> <li>Being a school citizen and being part of a class team</li> <li>Rights, responsibilities, democracy and having a voice</li> <li>Rewards and consequences</li> <li>Decision making in a group</li> </ul>	<ul style="list-style-type: none"> <li>Challenging assumptions</li> <li>First impressions and judging appearances</li> <li>Accepting yourself and others</li> <li>Knowing how everyone is special and unique</li> </ul>	<ul style="list-style-type: none"> <li>Hopes and dreams</li> <li>Overcoming disappointment</li> <li>Creating new, realistic dreams and achieving goals</li> <li>Working in a group and celebrating contributions</li> <li>Resilience</li> <li>Positive attitudes</li> </ul>	<ul style="list-style-type: none"> <li>Healthy friendships and group dynamics</li> <li>Smoking and alcohol</li> <li>Assertiveness</li> <li>Peer pressure</li> <li>Celebrating inner strength</li> </ul>	<ul style="list-style-type: none"> <li>Jealousy, love, and loss</li> <li>Memories of loved ones</li> <li>Getting on and falling out</li> <li>Relationships</li> <li>Showing appreciation</li> </ul>	<ul style="list-style-type: none"> <li>Being unique</li> <li>Having a baby</li> <li>Girls and puberty</li> <li>Accepting change</li> <li>Preparing for the year ahead</li> <li>Environmental change</li> </ul>	
<b>Y5</b> <ul style="list-style-type: none"> <li>Planning for the year ahead</li> <li>Rights and responsibilities</li> <li>Rewards and consequences</li> <li>Being a citizen, democracy, participating and having a voice.</li> </ul>	<ul style="list-style-type: none"> <li>Cultural differences and conflict</li> <li>Racism</li> <li>Rumours and name calling</li> <li>Types of bullying</li> <li>Material wealth</li> <li>Happiness</li> <li>Respecting each other's cultures</li> </ul>	<ul style="list-style-type: none"> <li>Future dreams</li> <li>The importance of money</li> <li>Jobs / careers and how to get my dream job</li> <li>Goals and motivation in different cultures</li> <li>Supporting others</li> </ul>	<ul style="list-style-type: none"> <li>Smoking and vaping</li> <li>Alcohol and anti-social behaviour</li> <li>Emergency aid</li> <li>Body image</li> <li>Relationships with food</li> <li>Healthy choices</li> <li>Motivation and behaviour</li> </ul>	<ul style="list-style-type: none"> <li>Self-esteem, self-recognition, and self-worth</li> <li>Safe online communities</li> <li>Rights and responsibilities online</li> <li>Online gaming / gambling</li> <li>Reducing screen time</li> <li>Dangers of online grooming</li> </ul>	<ul style="list-style-type: none"> <li>Self and body image</li> <li>The influence of media on body image</li> <li>Puberty for boys and girls</li> <li>Conception including IVF</li> <li>Coping with change and preparing for responsibility</li> </ul>	
<b>Y6</b> <ul style="list-style-type: none"> <li>Planning goals for the year ahead</li> <li>Global citizenship</li> <li>Children's rights</li> <li>Group dynamics, feeling welcome and valued.</li> <li>Choices, consequences, and rewards</li> <li>Anti-social behaviour</li> <li>Role modelling</li> </ul>	<ul style="list-style-type: none"> <li>Perceptions of normality</li> <li>Understanding disability</li> <li>Power struggles</li> <li>Understanding bullying, exclusion, and inclusion</li> <li>Differences and conflict and celebration</li> <li>Showing empathy</li> </ul>	<ul style="list-style-type: none"> <li>Personal goals in and out of school</li> <li>Emotions in success</li> <li>Making a difference</li> <li>Motivation</li> <li>Recognising achievements</li> <li>Compliments</li> </ul>	<ul style="list-style-type: none"> <li>Personal responsibility</li> <li>How substances affect the body</li> <li>Exploitation, county lines and gang culture</li> <li>Emotional and mental health</li> <li>Managing stress</li> </ul>	<ul style="list-style-type: none"> <li>Mental health and identifying worries</li> <li>Love and loss</li> <li>Managing feelings and support</li> <li>Power and control</li> <li>Assertiveness</li> <li>Technology safety and responsibility</li> </ul>	<ul style="list-style-type: none"> <li>Self and body image</li> <li>Puberty and feelings</li> <li>Conception to birth</li> <li>Reflecting about change</li> <li>Relationships</li> <li>Respect and consent</li> <li>Inappropriate communication with others</li> <li>Transition to the year ahead</li> </ul>	