

Mill Hill Intent, Implementation and Impact – PE curriculum statement

PE				
Intent	At Mill Hill we recognise the role that physical education plays in a child’s physical, mental and social/emotional development. We place great emphasis on building competence and confidence in a range of various physical activities. Our PE curriculum is broad and varied as we offer our children the opportunity to discover a multitude of differing sports and activities. A balance of individual, team, cooperative and competitive activities are provided to enable our children to develop and experience a curriculum that caters for their individual needs and abilities. We strive in each lesson to put sportsmanship at the heart of our curriculum. Through this, we hope to: <ul style="list-style-type: none">develop children’s self-esteem,promote mutual respect and to encourage children to work and play freely,foster an enjoyment of physical activity.			
	Acquiring and Developing Skills	Evaluating and improving	Healthy lifestyle	Competition
Underpinned by	Our pupils gain and develop new skills in different disciplines. Adaptive teaching ensures that children are enabled and extended in order to achieve their very best.	Children at Mill Hill understand the value of evaluation, and use this to improve on their own personal performance and that of others.	Children at our school understand the importance of a healthy lifestyle for both their physical and mental health. This is taught overtly in both PE and PSHE lessons.	Mill Hill children value competition and understand the importance of competition to improve performance. More importantly, they will recognise the value of good sportsmanship, both in sport and wider life.
	Unit overviews – Using Rising Stars Champions as a starting point, overviews are sequenced and progression is mapped throughout the school. This builds on the foundations set out within Early Years – linked to physical development.			Planned Progression – The units taught at Mill Hill ensure that children are able to progress in multiple ways through our curriculum.
Implementation	Cross-curricular approach – We take a whole school approach, through every lesson, to ensure that our children are constantly reminded of the importance of exercise and a healthy diet.	Extra-curricular – Children are exposed to more sport and activity through our after-school provisions providing sport clubs all year round.	Competitions – Mill Hill are an active member in the Tunstall School Sports Association and enter competitions through this regularly. Children also regularly compete in different events through our inter-house competitions (half-termly).	
	The impact will result in children making good progress and reaching at least age-related expectations. Our targeted focus on improving relationships for our children, both within PE and in society will lead to confident, well rounded, citizens. We employ a whole school approach to demonstrate the importance of healthy lifestyle and this is particularly important in PE- which foster a desire for our children to love fitness and remain healthy into their adulthood.			
Impact	PUPIL VOICE – Children talk positively about their PE experiences. They enjoy PE and recognise their own development.	EVIDENCE IN KNOWLEDGE – Children’s subject knowledge is strong. Through cross-curricular links, the children understand the importance of being fit and healthy.	EVIDENCE IN SKILLS – By building on each year progressively, our children’s technical ability improves in each discipline.	OUTCOMES – Our children at Mill Hill are stretched and supported to achieve their very best. They understand how their body moves and are competent sportspeople.